



**Doc. 13616**

30 September 2014

## Obesity in Europe and expressing sugar in teaspoonfuls on packaging

### **Motion for a recommendation**

tabled by Mr Geraint DAVIES and other members of the Assembly

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This motion has not been discussed in the Assembly and commits only those who have signed it

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The Parliamentary Assembly notes the growth of obesity and diabetes across Europe and the associated growth in health services costs. There is a clear link between added sugar in processed foods and obesity, and the World Health Organisation recommends a maximum daily intake of sugar of 5% of calories equivalent to 6 teaspoonfuls for a woman and 9 for a man. Moreover high added sugar products are regularly promoted as low fat products even though they make people fat.

Therefore the Assembly calls on the Committee of Ministers to support expressing sugar in teaspoonfuls on packaging so consumers can make healthy choices more easily and restrict the advertising of high sugar products as low fat products.

*Signed (see overleaf)*



*Signed*<sup>1</sup>:

DAVIES Geraint, United Kingdom, SOC  
ANDERSON Donald, United Kingdom, SOC  
ANDREOLI Paride, San Marino, SOC  
ANTIČEVIĆ MARINOVIĆ Ingrid, Croatia, SOC  
BAYKAL Deniz, Turkey, SOC  
BESELIA Eka, Georgia, SOC  
BIEDROŃ Robert, Poland, SOC  
BİLGEHAN Gülsün, Turkey, SOC  
BINLEY Brian, United Kingdom, EDG  
BOROWSKI Marek, Poland, SOC  
CILEVIČS Boriss, Latvia, SOC  
CRAUSBY David, United Kingdom, SOC  
CRUCHTEN Yves, Luxembourg, SOC  
DÍAZ TEJERA Arcadio, Spain, SOC  
DUNDEE Alexander, [The Earl of], United Kingdom, EDG  
FLEGO Gvozden Srećko, Croatia, SOC  
FLYNN Paul, United Kingdom, SOC  
GABÁNIOVÁ Darina, Slovak Republic, SOC  
GIOVAGNOLI Gerardo, San Marino, SOC  
GROSS Andreas, Switzerland, SOC  
HÄGG Carina, Sweden, SOC  
HOOD Jim, United Kingdom, SOC  
LUND Jacob, Denmark, SOC  
MAGRADZE Guguli, Georgia, SOC  
MEALE Alan, United Kingdom, SOC  
MULIĆ Melita, Croatia, SOC  
NACHTMANNOVÁ Oľga, Slovak Republic, SOC  
OBRADOVIĆ Žarko, Serbia, SOC  
PRESCOTT John, United Kingdom, SOC  
SCHENNACH Stefan, Austria, SOC  
TOMLINSON John E., United Kingdom, SOC  
VUČKOVIĆ Nataša, Serbia, SOC

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1. EDG: European Democrat Group  
SOC: Socialist Group